

# The Savory Spoon

## Dinner

### Appetizers & Extras

#### Kim's Crostini – 9.<sup>00</sup>

Toasted Baguette Rounds with creamy Goat Cheese, Caramelized Onions & Avocado

#### Sweet Potato Fries – 5.<sup>00</sup>

Fried to Perfect Crispness served with Chipotle Sauce

#### Savory Potato Chips – 4.<sup>00</sup>

Freshly Cut, Fried Crisply and Lightly Seasoned

#### Savory Blues Chips – 6.<sup>00</sup>

Freshly Cut, Fried Crisply and Lightly Seasoned with Bleu Cheese & Tabasco on the Side

#### Tri Tip Crostini – 10.<sup>00</sup>

Toasted Baguette Rounds with Garlic Butter topped with sliced Tri Tip & creamy Garlic Horseradish Sauce

#### Mediterranean Plate – 8.<sup>00</sup>

House Made Hummus, Kalamata Olives, Cucumber, Tomato, Pita Chips & Feta

#### Garlic Bread – 3.<sup>00</sup>

Sliced Sourdough Broiled with Garlic Butter, Parmesan & Herbs

### Soups & Salads

#### Soup of the Day – Bowl 7.<sup>00</sup> Cup 5.<sup>00</sup>


House Made with fresh ingredients & served with Whole Grain Bread

#### Chicken & Dumplings –

Lg 13.<sup>00</sup> Med 11.<sup>00</sup> Sm 6.<sup>00</sup>

Roasted Chicken, Stewed with Onions, Celery, tender Carrots & Sweet Peas, topped with Delicate Dumplings

#### Seitan & Dumplings –

 Lg 14.<sup>00</sup> Med 12.<sup>00</sup> Sm 7.<sup>00</sup>

Seitan- *wheat vegetarian chicken substitute* and Veggie gravy, Stewed with Onions, Celery, Tender Carrots and Sweet Peas, topped with Delicate Dumpling

#### Soup & Salad – 9.<sup>00</sup>

A Cup of our House Made soup & a small Best Basic Salad served with Whole Grain Bread

#### Best Basic –

Lg 10.<sup>00</sup> Med 8.<sup>00</sup> Sm 5.<sup>00</sup>

Freshest Seasonal Greens, Tomato, Red Onion, Cucumber Beets and your choice of Caesar, Bleu, Ranch, or Balsamic

#### Caesar Salad – 10.<sup>00</sup>

Fresh Romaine, Caesar dressing, Tomatoes, toasted Pine Nuts & Parmesan Crisp

#### The Sweet & Savory – 13.<sup>00</sup>

Garden Greens with Apples, Pears, Dried cranberries, Goat Cheese & Spiced Pecans with a Fruit Vinaigrette

Add a Grilled Chicken Breast – 4.<sup>50</sup>

### Dinner Entrées

Your entrée comes with Soup or Salad

#### Steak of the Week – Market Price

Served with Seasonal Veggies and Garlic Mashed Red Potatoes or Lundberg Rice Pilaf

#### Spice up your Steak – 3.<sup>00</sup>

Black & Blue– *Cajun Spices & Bleu Cheese*, Shallot Mushrooms Sauce, Grilled Onions, or Bleu Cheese

#### Seafood of the Week – Market Price

Served with Seasonal Veggies and Garlic Mashed Red Potatoes or Lundberg Rice Pilaf

#### Chicken of the Week – 17.<sup>00</sup>

Served with Seasonal Veggies and Garlic Mashed Red Potatoes or Lundberg Rice Pilaf

#### Meatloaf – 14.<sup>00</sup>

Hearty and Traditional Topped with Tangy Tomato Sauce & Bacon, served with Seasonal Veggies and Garlic Mashed Red Potatoes or Lundberg Rice Pilaf

#### Monte Meat – 14.<sup>00</sup>

House Made Veggie Patty of Brown Rice, Mushrooms, Legumes, and Veggies– The Healthiest Alternative, with Mushroom gravy, Seasonal Veggies & Garlic Mashed Red Potatoes or Lundberg Rice Pilaf

#### Chicken & Dumplings – 15.<sup>00</sup>

Roasted Chicken, Stewed with Onions, Celery, Tender Carrots & Sweet Peas, topped with Delicate Dumplings

#### Seitan & Dumplings – 16.<sup>00</sup>

Seitan- *wheat vegetarian chicken substitute* and Veggie gravy, Stewed with Onions, Celery, Tender Carrots and Sweet Peas, topped with Delicate Dumplings

~ If you have any dietary needs please let your server know ~ Split Plates – 3.<sup>00</sup> ~ No split bills on parties over 6 ~

 Spicy  Our Favorites  Vegetarian Options  Can Be Made Vegan

1647 Hartnell Ave #1 Redding, CA 96002 (530) 222-7200 [www.SavorySpoon.org](http://www.SavorySpoon.org)



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## Pastas

Add Soup or Salad to your dinner – 2.<sup>00</sup>

**Savory Mac 'n Cheese** –  
Lg 12.<sup>00</sup> Med 10.<sup>00</sup> Sm 5.<sup>00</sup>

Elbow Macaroni Smothered in House Made Cheddar Sauce, topped with Melted Cheese and Crispy, Seasoned Bread Crumbs

**Spaghetti Ann 's Way** –  
Lg 15.<sup>00</sup> Med 12.<sup>00</sup> Sm 7.<sup>00</sup>

House Made Hearty Sauce Full of Fresh Veggies, & your choice of House Made Italian Meatballs or Vegetarian Italian Sausage, served with Garlic Bread

**Pasta Primavera** –  
Lg 14.<sup>00</sup> Med 11.<sup>00</sup> Sm 6.<sup>00</sup>

Linguini tossed with Olive Oil, Garlic, and Sautéed Fresh Veggies topped with Grated Parmesan, served with Garlic Bread

**Fettuccini Broccoli Alfredo** –  
Lg 14.<sup>00</sup> Med 11.<sup>00</sup> Sm 6.<sup>00</sup>

House Made Creamy Alfredo sauce tossed with Fettuccini and Broccoli, served with Garlic Bread

Add a Grilled Chicken Breast – 4.<sup>50</sup>

## Sandwiches

Served with Lettuce, Tomato, Pickles & Onions (raw or grilled) with your Choice of House Made: Savory Chips, Sweet Potato Fries, Potato Salad, Cup of Soup or Side Green Salad  
*Any Sandwich can be substituted with a Monte Meat Veggie Patty for 2.<sup>00</sup>*

**Savory Burger**— 9.<sup>00</sup>

Handmade 1/3lb Prather Ranch patty, Seasoned & Char Grilled to your liking with our Secret Sauce on a Toasted bun

**“Say Cheese” ☺ Burger** – 10.<sup>50</sup>

Handmade 1/3lb Prather Ranch patty, Seasoned & Char Grilled to your liking with our Secret Sauce on a Toasted bun and your choice of any two cheeses: Cheddar, Swiss, Provolone or Pepper Jack

**Jeanette 's Burger**— 10.<sup>00</sup>

Handmade 1/3lb Prather Ranch patty, Seasoned & Char Grilled to your liking. Extra Sharp Aged Cheddar, Grilled Onions & Garlic Sauce on Toasted Bun

**Some Like It Hot!** – 12.<sup>00</sup>

Handmade 1/3lb Prather Ranch patty, Cajun Seasoned & Char Grilled to your liking. With Grilled Jalapenos, Pepper Jack & Chipotle Sauce on a Toasted Bun

★ **Ol' Smoky Burger** – 12.<sup>00</sup>

Handmade 1/3lb Prather Ranch patty, Seasoned & Char Grilled to your liking. Crispy Bacon, Cheddar, Grilled Onions & Garlic Sauce on a Toasted Bun

**Monte Meat Burger** – 12.<sup>00</sup>

House Made Veggie Patty of Brown Rice, Legumes, Mushrooms, and Veggies on a Toasted Bun & your Choice of Sauce

**BLAT or VLAT**— 10.<sup>00</sup> ½ — 6.<sup>00</sup>

As it should be! Crisp Bacon or Veggie Bacon, Fresh Lettuce, Creamy Avocado, & Tomato with Best Foods Mayo on Sour Dough Toast

**Flippin' The Bird** – 12.<sup>00</sup>

Seasoned Grilled Chicken with Shallot Mushroom sauce, Swiss & Garlic Sauce on a Toasted Bun

★ **The USS Julianna**— 10.<sup>00</sup>

House Made Italian Meatballs or Vegetarian Italian Sausage on Garlic Bread Sourdough Roll, Smothered in House Made Spaghetti Sauce & Melted Provolone

**Live Forever Seitan** – 12.<sup>00</sup> ½ — 7.<sup>00</sup>

Thinly Sliced & Crispy Seitan- *wheat vegetarian chicken substitute*, on Whole Grain wheat bread, with Avocado, Tomato, Lettuce, Red Onion & Muffaletta

**Spice up your Sandwich** – 3.<sup>00</sup>

Sautéed Mushrooms, Muffaletta, Extra Sharp Aged Cheddar, Avocado, Bacon, Bleu Cheese, Bacon Jam, Grilled Jalapenos or make it a Double Burger

## Dessert

Ask your server about today's Dessert Special!

**Cheesecake** – 8.<sup>00</sup>

House Made – ask your server for today's flavors

**Chocolate Cake** – 8.<sup>00</sup>

House Made Double Layer Chocolate Cake

**Fruit Crisp** – Lg 8.<sup>00</sup> Sm 6.<sup>00</sup>

Seasonal Fruit topped with crumbled sweetness served with a scoop of Ice Cream

**Scoop of Vanilla Ice Cream** – 3.<sup>00</sup>

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